



WEEKLY UPDATE
for members of the
San Diego Bicycle Club



Dear all,

The Toy Ride last Saturday was a great event with over 240 riders. Everyone stayed safe, enjoyed the camaraderie and for a very special cause. We have several events coming up, the *Christmas Day Ride*, *New Year's Day Ride* and the *74th Banquet of Champions*. See below for details. Also check out the links for photos from the Toy Ride and the Non-SDBC newsletter for additional links. As your president, I want to Thank you all for such a Wonderful Year and I'll see you all again in 2024!

Cheers!

Simon Bott-Suzuki
President SDBC
president@sdbc.org



JOSHUA BONNICI
Managing Attorney

*We are San Diego's bicycle,
injury, and disability legal
team.*



PACTIMO



STORE CLOSÉS	EST. DELIVERY
DECEMBER	JANUARY
20	18

This year, we will have two kits available (white or black). All kits ordered by 11/29, were eligible for the 30% discount, which is already reflected in the pricing on the team store. Updates will be coming regarding any future discounts

SDBC Clothing Store

Our current 2023 SDBC team store is

Open!

You should have received a Clothing update with ALL the info on Monday November 13th. Click on the image above to access store, no passcode required!

Gavin Gatta
Clothing Director
clothing@sdbc.org

CAFÉ La TERRE

— FOR THE LOVE OF COFFEE —

is located at the coastal heart of Solana Beach, inside Salon World Suites. We are a small neighborhood cafe focused on delivering a premiere experience.

Although coffee is the centerpoint to what we do, we emphasize the importance of the experience and everything that falls within its scope.

Our mission is to remain true to these virtues, while serving incredible beverages and light bites. To that end, we have worked diligently to create a café where everything which can be made in-house is made in-house.

37th Annual Holiday Toy Ride

Click on the image below to see Photo's of the Toy Ride. Contributed by Richard Lee, and check out the Non-SDBC newsletter for additional photo links and comments

SDBC Facebook Link
<https://www.facebook.com/sandiegobicycleclub/>



SOURCE ENDURANCE

Click for exclusive SDBC Member Benefits

Annual Christmas Day Orphan Ride

- Monday, December 25, 2023
- 8:30 AM - 12:30 PM

30th Annual Christmas Day Orphan Ride

25 miles around San Diego Bay and back on the Ferry.

Meet at 1058 22nd Street in Golden Hill at Ralph's. We will have coffee, donuts, juice and snacks before the ride. Do the ride, "Holiday Pace", drink coffee-mochas on Coronado Island, ride the Ferry back home to Ralph's.

We will return at about 12:15 in the afternoon, and don't forget to bring some money for the ferry and coffee.

Merry Christmas & Enjoy the Ride!

Ralph Elliott
619-239-4321
ralph@mgeracing.com



New Year's Day Ride

When: January 1, 2024

Rolls at 0830

Where: UC Cyclery, La Jolla, CA

Distance: 62 miles (100 KM) [RouteStrava](#)

Ring in the New year with SDBC and a Metric Century!

The route leaves UC Cyclery and goes out Miramar Road, Pomerado Road, through Poway, RB, over Lake Hodges, into Escondido. Escondido over to San Marcos, out Palomar Airport Road to the Coast Highway. Down the Coast Highway then back up Torrey Pines to the Finish!



74th Banquet of Champions

- Sunday, January 28th, 2024
- 5:00 PM 8:30 PM

Please join the San Diego Bicycle Club for our annual banquet to celebrate our accomplishments during 2023 and kick-off our 78th year of bicycle racing!

Where

Marina Village (1936 Quivira Way, San Diego 92109)

Questions

Contact our Special Events Director specialevents@sdbc.org

Other events around San Diego

Looking for Cycling Events around San Diego

[□ Look Here!](#)

R.I.S.E. Physical Therapy

Non-SDBC sponsored, but you will see many SDBC riders on these Weekday Rides

by: John K

So often we are asked, "does SDBC do any other rides besides Saturday?" Officially, no, but riders getting together for the rides shown below have the potential to draw more folks to SDBC, and will encourage others to check in with each other and get out and ride more.

Contact Michael Pelkey at equipment@sdbc.org with additional ride ideas.

Sunday morning: Sunday morning: SDBC bike shop sponsor Switchback Velo hosts a ride that changes weekly leaving from their shop at 5699 La Jolla Blvd in Birdrock/La Jolla with a typical stop at Coffee Cycle in PB on the way back. 8:45 meetup, 9:00 roll out. Bring fresh legs, but typically no-drop. Contact Ian Campbell 858-230-6484, M-F: 8-6 or email ian@switchbackvelo.com

Monday or Tuesday, sometimes Friday mornings: SDBC members Michael N, Victor V, Ron G, and Michael P ride from Plaza Bonita in Chula Vista, near start of the bike path. We leave at 9:00, heading west, then down the coast, and up the Silver Strand into Coronado, a couple of times a week at 40 miles round trip. We hook up with other Chula Vista riders that we know and sometimes have 8-10 riders, a pushing D1-C pace with a coffee stop at Coronado Coffee Co. at the ferry landing before heading back. Contact: Michael Pelkey 858-997-4893 if interested.

Mac McCarty hosts a weekly ride on Monday's.

Weekly Ride:	"Monday Smackdown" -- led by Mac McCarty 27 Miles -- some hills Ride is "D1-ish" pace
Day & Time:	Monday evening at 6:30pm Lights on the bike are highly recommended
Meet Location:	Adams Avenue Bicycles Adams Ave. and Hamilton Street - https://maps.app.goo.gl/iLdH4aN6uknXxXEV6

Mon/Wed or Tue/Thu late afternoons: Carmel Valley Loop - SDBC members Jordan, Bice, and some others do a spirited 20-30 mile D1 pace ride leaving from 3804 Valley Cir Dr (just W. of Carmel Creek Rd), going east around Black Mountain and returning

Non-SDBC sponsored, Rides during the week

So often we are asked, "does SDBC do any other rides besides Saturday?" Officially, no, but SDBC riders do many rides and CrossFit during the week. **Click on image and check them all out!** Also included are photo's, links and comments from the Toy Ride!

If you are a member of **Strava**, I would encourage you to **"join" the "SDBC" club**. Posts made to Strava can then be incorporated to further enhance our weekly update and other newsletters. You can also submit to weekly@sdbc.org, race or ride photo's and comments to share with SDBC.

John Keturi
weekly@sdbc.org
Weekly Update Director



- offers SDBC members with a **20% discount on bike fits and 10% discount on parts and labor** on all bike repairs

SDBC Wheel Sale

SDBC Wheel Sale

Sale is Open to ALL!

SOLD

Pricing has been Reduced to Move!

These are **GREAT DEALS** on some Great
Wheels!
Once Gone. They're Gone!



47 mm, carbon, Disc, thru-axle, 12x100, 6 bolts
Qty 2 - \$554.00 - FCC 4.7 (47 mm) ~ USED, VG condition - White decal/
Red outline, white spokes, 2 red - TUBELESS CAPABLE - (#5 and 5.75)

Click on "Image" to see the availability of Wheels! More wheels have been sold, but there are still a few sets available.

contact equipment@sdbc.org if interested



For Sale

2023 CAAD13 60cm

Brand new warranty replacement frame and fork. Disc Brake, *Asking \$900.*
-Dale Bemis 314-441-0623



FLUID

Fluid Sports Nutrition Online Store

Order your favorite Fluid products online. Free shipping on package deals and low flat rate shipping on everything else. The current SDBC discount period is over. Discounted rates are offered 4x/yr and will be posted here when the next discount period begins. Automatically save 15% when you sign up store.livefluid.com



Note from your Coalition representative

Hi everyone,

Please take ten minutes to watch this excellent new video about the crazy laws governing bicycle roadway positioning in California. My goal is that all SDBC members know what 21202 and 21208 say and what all the exceptions are. You may be tested at random, so better watch it!

<https://cyclingsavvy.org/cvc>

Thanks,
Serge Issakov
coalition@sdbc.org

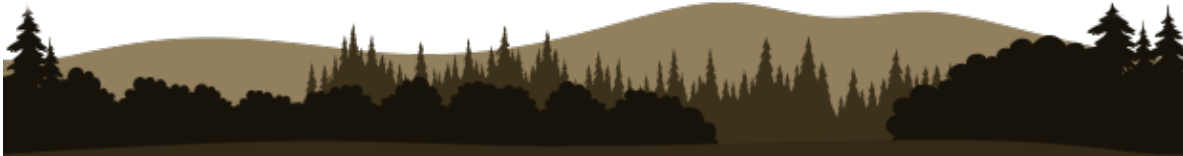
Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org



Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

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