



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



SDBC Borrego Ride is coming up Fast! Get those legs ready to "Rock n Roll" as we climb up the Lagunas, then down into Borrego Springs. It will be a Challenging, but Fun adventure. In the meantime, join us for our Saturday rides, take some pictures (not while riding), and submit them to "Weekly@sdbc.org".

Cheers, and see you on the roads,

Simon Bott-Suzuki

President SDBC

president@sdbc.org



JOSHUA BONNICI

Managing Attorney

*We are San Diego's bicycle,
injury, and disability legal
team.*



COMING SOON!

When: October 28, 2023, rolls at 0800

Registration is Closed

San Diego Bicycle Club's annual ride and camp weekend to Borrego Springs! Meet at the Mira Mesa Park & Ride (Mira Mesa Blvd & I-15) at 0800, leave your camping gear with a SAG vehicle and enjoy the ride to Borrego Palm Canyon campground.



PACTIMO

Follow SDBC on Social Media



STRAVA

CAFÉ LaTERRE

— FOR THE LOVE OF COFFEE —



Shimano Recalls Cranksets for Bicycles Due to Crash Hazard

Name of Product: 11-Speed Bonded Hollowtech II Road Cranksets

Hazard: The recalled bonded crank parts can separate and break, posing a crash hazard to consumers.

Remedy: Inspect / Replace

Recall Date: September 21, 2023

Click on Image for more info!



SDBC Clothing Store

Our current 2023 SDBC team store is



Closed!

New dates TBA

Gavin Gatta
Clothing Director
clothing@sdbc.org

**SOURCE
ENDURANCE**

R.I.S.E.
Physical Therapy

Other events around San Diego

Looking for Cycling Events around San Diego

[□ Look Here!](#)



- offers SDDB members with a **20% discount on bike fits and 10% discount on parts and labor** on all bike repairs

Non-SDDB sponsored, but you will see many SDDB riders on these Weekday Rides

So often we are asked, "does SDDB do any other rides besides Saturday?" Officially, no, but riders getting together for the rides will further enhance SDDB camaraderie, and will encourage others to check in with each other and get out and ride more. Click below and check out these rides!

Non-SDBC sponsored, but you will see many SDBC riders on these Weekday Rides

So often we are asked, "does SDBC do any other rides besides Saturday?" Officially, no, but riders getting together for the rides shown below have the potential to draw more folks to SDBC, and will encourage others to check in with each other and get out and ride more.

Contact Michael Pelkey at equipment@sdbc.org with additional ride ideas.

Sunday morning: Sunday morning, SDBC bike shop sponsor Switchback Velo hosts a ride that changes weekly leaving from their shop at 5699 La Jolla Blvd in Birdrock/La Jolla with a typical stop at Coffee Cycle in PB on the way back, 8:45 meetup, 9:00 roll out. Bring fresh legs, but typically no-drop. Contact Ian Campbell 858-230-6484, M-F: 8-6 or email ian@switchbackvelo.com



This Sunday Max is going to take the squad out on one of his favorite loops. Leaving from the shop and heading out to the always fun and scenic 56 Bike Path. We will head out east and up north and then cut inland along the 56 and from there we will cruise south back to our beloved Coffee Cycle for some of them iced Latte's that we just cant stop drinking!



Switchback Velo (one of our sponsors) is having their anniversary party tomorrow 4-8. The info is on their Instagram page.



The 2023 event will be in person!
Registration for the ride is now OPEN.

Join us, Friday November 3rd, in real life, at Dos Vientos Community Park for the opening and closing ceremonies of our marquis event and on the road starting at 9am sharp for the ride.

SDBC Wheel Sale

SDBC Wheel Sale

Sale is Open to ALL!

Pricing has been Reduced to Move!

These are **GREAT DEALS** on some Great

Wheels! **Once Gone. They're Gone!**



47 mm, carbon, Disc, thru-axle, 12x100, 6 bolts

Qty 2 - \$554.00 - FCC 4.7 (47 mm) - USED, VG condition - White decal/
Red outline, white spokes, 2 red - TUBELESS CAPABLE - (#5 and 5.75)

Click on "Image" to see the availability of Wheels!

contact equipment@sdbc.org if interested



For Sale

Two Cyclops trainers for sale

\$40 or best offer.

Contact: Trish Kimper

trishfish1@hotmail.com



Cervelo R5 2021, size 56, Dark Green frame set.

Brand new in the box never been built. Still in bubble wrap with seat post and fork, disc ready!

Asking \$3500

Shipping fee is negotiable. Contact : derikesmith@icloud.com



FLUID

Fluid Sports Nutrition Online Store

Order your favorite Fluid products online. Free shipping on package deals and low flat rate shipping on everything else. Automatically save 15% when you sign up

store.livefluid.com



Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#).

Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

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