



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



May is a Busy Month with many events happening.

- Gordy Shields Memorial Ride Sunday, May 7th
- Fiesta Island Time Trial Sunday, May 14th
- SDBC Memorial Day Ride Monday, May 29th.

And, our home race, the **Barrio Logan Grand Prix**, is on **June 10!** We are well underway with preparations and **registration opens on Saturday April 22.** Whether you like to race, have kids who might want to race or learn basic skills in the Kids' Rodeo, or you can help us out putting the race on, get involved! The course is in the historic Barrio Logan district at Newton and Beardsley, close to coffee, food and stores. So come and enjoy our boys, girls, women and men take on the best of SoCal!

If you are able to help out, the **volunteer signup is below** and there are slots available all day. Your help to keep things running smoothly is invaluable, so thanks in advance!

See you on the roads,
Cheers,

Simon Bott-Suzuki
President SDBC
president@sdbc.org

Head's Up

The next meeting of the Board of Directors will be on **Tuesday, May 9th, 2023 @ 6:30 p.m.** via Zoom. The formal notice and Zoom link information will be in next week's Weekly Update. Board meetings are open to everyone - SDBC members, and the general public. We encourage you to join in and take part.

Mike McLaughlin
Secretary
secretary@sdbc.org



Don't hire a lawyer -

BLG Bonnici Law Group

SAN DIEGO BICYCLE CLUB
San Diego's oldest and largest racing and recreational cycling club

April is Membership Month!

For all of April 2023, new members get 10% off membership fees!

Benefits of Membership

Members of the San Diego Bicycling Club enjoy many benefits, including:

hire a team.

We are San Diego's
bicycle, injury, and
disability legal team
bringing personalized help
to the law.

Josh has put together a brief summary of how auto insurance coverage and particularly Under/Uninsured Motorist coverage should be considered as we partake in our hobby. A link to the article is below, and contact Josh using the details given if you'd like more information:

(Bonnici Law Group)

- Free weekend club and training rides
- *Discounts from our sponsors*, including Fluid Performance Drinks and more!
- Membership to the SDBC Team Clothing Store, where club kit and other clothing can be purchased
- *Discounts on nutrition products, glasses and other sponsor items*
- Special Event rides like:
 - New Year's Day Metric Century
 - Gordy Shields and Cecy Krone Memorial rides
 - "Light up a Life Holiday" Toy Ride
- *Membership in the San Diego County Bicycle Coalition.*



PACTIMO

SDBC Events

Barrio Logan Grand Prix

26TH ANNUAL BARRIO
LOGAN GRAND PRIX

Saturday, June 10,
2023

[Click Here for
more info!](#)

Online Registration

Deadline: Thursday,
Jun 8, 2023 at 11:59



**This is SDBC's Flagship event. Members are
encouraged to sign up.**

Victor Vargas

Volunteer Coordinator

volunteer@sdbc.org

Fiesta Island Time Trial

Fiesta Island Time Trials is San Diego's original time trial series since 1998, sponsored by San Diego Bicycle Club. We use [WebScorer.com](https://www.webscorer.com) for online registration, timing, and results to streamline the process. Results will be posted after the last rider has finished.

The race is held rain or shine! There are 150 riders maximum per day, and the event sells out very early. Entry is on a first come, first served basis. Sign up early on [WebScorer.com](https://www.webscorer.com).



- Sunday, May 14, 2023
- 7:00 AM - 9:30 AM

Volunteersignup

Victor Vargas

Volunteer Coordinator

volunteer@sdbc.org

CAFÉ LaTERRE
— FOR THE LOVE OF COFFEE —



Bike Anywhere Day May 18



May is National Bike Month!

We are also excited to host the reinvented Bike Anywhere Day (formerly known as Bike to Work Day).

Check out ways to start celebrating today:

- Encinitas Area Group Bike Ride - Tuesday, May 2

It's a celebration of biking for transportation, recreation, and leisure. At SANDAG, we celebrate by offering free bike education to schools and employers across the region and organizing community bike rides.



Memorial Day Ride

Join us for a pleasant ride through Rose Canyon and up Soledad Mountain to the Mt. Soledad National Veterans Memorial. We will dismount and view the memorial wall plaques briefly, remembering what Memorial Day is all about.

We will then continue down Nautilus St. to Windansea, riding along the coast to Point Loma (to first gate), regroup, then head back through OB, with a stop at Newbreak Coffee & Cafe, before returning to UCC Cyclery.



When-**May 29, 2023**

Rolls at 0830

Where-UC Cyclery

Distance-40 miles

[Strava - Map My Ride](#)

- This ride will be led by SDBC ride leaders. Tandems are welcome. Bring 2 bottles of fluid. A group photo will be taken at the Soledad Memorial for the SDBC Weekly.

R.I.S.E.
Physical Therapy

Mt. Lemmon in Tucson, Ariz.

(Riders taking on the Challenge include several SDBC Members. Approx. 31 miles to top of climb, 7,600' in elevation)

[Read their Ride Report Here!](#)



SDBC Clothing Store Link

The Password is: **sdbc2023**



Our current 2023 SDBC team store is

OPEN

If you have ANY questions about SDBC custom kit, **DO not call Pactimo**, but please reach out to me. Assume that your order will take a minimum of 4 to 6 weeks!



You can check to see if there is any FedEx shipping information on your personal order in your SDBC Pactimo store login.

Cheers,

Vali Holroyd
Clothing Director
clothing@sdbc.org

STORE CLOSURES

MAY

15

EST. DELIVERY

JUNE

27

Other events around San Diego

Looking for Cycling Events around San Diego

 [Look Here!](#)



Gordy Shields

Gordy Shields 2012 National Champ

The 10th edition of the Gordy Shields Memorial Ride will be held on Sunday May 7th. Meet at Pepper Park, 3299 Tidelands Avenue at 8:15am for a short advocacy, followed by the ride around the Bayshore Bikeway leaving at 8:30. See the link below for the flyer as well as additional information. We will once again have a short opening ceremony with guest speakers.

Gordy Shields Memorial Ride Info

- [Gordy Shields Bridge](#)
- [Gordy Shields Memorial Ride](#)



Switchback Velo

- **Switchback Velo** (a local bike shop in Bird Rock) offers SDBC members with a 20% discount on bike fits and 10% discount on parts and labor on all bike repairs.

Bird Rock, CA
5699 La Jolla Blvd

CLASSIFIEDS



Spinerge Wheels for Sale

Click on image for info!

FLUID

Discount code for
club members of 35%

Code: **SDBC2023-1**
Link: store.livefluid.com

New products now available
(previously only available to our
tactical customers)

**Shipping is free on all orders
over \$39 and to make it easy,
we'll ship directly to each
person.**

Newsletter Submissions

Newsletter Submissions and Suggestions are encouraged. Deadline by

Tuesday Evenings. You may submit them to the SDBC Weekly Update
Editor at:
weekly@sdbc.org



CALBIKE
CALIFORNIA BICYCLE COALITION

Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

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