



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



NOTICE TO THE MEMBERS

Meeting of the Board of Directors

Tuesday, February 14, 2023
6:30 PM - 8:30 PM (PDT)

Everyone is welcome!

Zoom Link

Meeting ID: 876 3150 0001
Passcode: 221251

Agenda

This notice complies with SDBC Bylaws, Section III-L Meetings & Notice of Meetings.

Mike McLaughlin
Secretary
secretary@sdbc.org

President's Message

Cycling events are coming thick and fast as SoCal weather is, (slowly) warming up. The racing season is hitting its stride, with our own Fiesta Island Time Trial beginning last week. FITT #2 is April 9, so time to train and sign up for a fun, friendly effort.

A big local event is "Pedal the Cause" coming up on March 18. SDBC is typically well-represented, so get yourself out to ride for Cancer research if you can. The organizers are looking for (paid) SAG mechanics and volunteer ride marshals if you have the time and skills - see below for a message from Volunteer Director Victor Vargas for more info.

Please also see Sponsorship Director Candice Wyatt's message regarding important changes to our sponsorship benefits for 2023.

Cheers,

Simon Bott-Suzuki
President SDBC
president@sdbc.org



PACTIMO

SDBC Events Calendar

Here you can find SDBC events for both the Current and Future Months.

Looking for Cycling Events around San Diego
[Look Here!](#)

RACE RESULTS

La Vuelta a Santa Catalina, San Manuel, AZ
Sat 2/4/2023: Oracle RR
Peter Dufour, 10th place, 60+

La Clásica San Manuel, San Manuel, AZ
Sunday 2/5/2023: Circuit Race
Peter Dufour, 4th place, 60+

Congratulations Peter
[Click here for Peter's Race Report.](#)

David Gomaidy
Men's 4/5 Team Director

Juniors Race Results

Kenda Cup Enduro #2
Alex Partridge 13th Place

CBR #2 Women Cat 4/5

Lara Mertens 10th Place

Abigail Moe 14th Place

Devon Muto

Juniors Team Director

Cal Bike Insider

TAKE THE PLEDGE FOR A FUTURE FULL OF BICYCLES!

CAFÉ LaTERRE
— FOR THE LOVE OF COFFEE —



SOURCE
ENDURANCE



The clothing store is up and running!
Click on Link below!

SDBC Clothing Store

The Password is: **sdbc2023**

Please let me know if you have any questions!

Cheers,
Vali Holroyd
Clothing Director
clothing@sdbc.org



Hi SDBC Members,

As we kick off a new 2023 riding season there's a few sponsor updates that we want to make you aware of. We're fortunate and thankful to have many returning sponsors from 2022 but we're also welcoming 3 new sponsors this year, Switchback Velo, R.I.S.E. Physical Therapy, and Source Endurance. As a member of SDBC, our sponsors offer our members discounts on their products and services. Below are changes in member discounts and member discounts from our new sponsors for 2023.

Changes:

- **UC Cyclery** is still an SDBC sponsor, but **SDBC members no longer receive a 10% discount**
- **Switchback Velo** (a local bike shop in Bird Rock) offers **SDBC members with a 20% discount on bike fits and 10% discount on parts and labor on all bike repairs**
- **R.I.S.E. Physical Therapy** will provide a 10% discount on services
- **Source Endurance** is offering discounts on their coaching packages and bike fits

You'll continue to receive a **10% discount at Café La Terre.**

In Touch Chiropractic, The Physical Therapy Effect, Plant Power, and Rouleur are not sponsors for the 2023 riding season so any discounts received in 2022 are no longer valid.

Our sponsors support our club so if you find yourself in need of their services please consider supporting their business as a thank you for sponsoring us.

If you have any questions about sponsor discounts please reach out to sponsorship@sdbc.org

Thank you,
Candice Wyatt
Director of Sponsorships



SDBC Gear Bags

SDBC Gear bags are still available from the Pedal Industries' SDBC store! Click on [SDBC Collection](#) to see all the available items.

PADRES PEDAL THE CAUSE

3.18.23
AT PETCO PARK

For any questions or concerns, contact the individual below who is in charge of the event. SDBC is volunteering to help provide assistance. Thank you.

Megan Waddell

Curebound | Director, Padres Pedal the Cause
9191 Towne Centre Drive, Suite 310, San Diego, CA 92122
Direct: 619.314.5556 | Cell: 775.450.6894
Email: megan@curebound.org | Web: www.curebound.org

Volunteer signup

SAG Mechanics:

Need 10 mechanics

Paid \$150 for the day plus a wristband for food and beverage at Petco Park

Call time scheduled for 6am at Petco Park (some may start later) – could be up to an 8-hour shift depending on course assignment
Tubes, tires, CO2, and bike pump would be provided in the car – we would ask that mechanics bring other bike tools they feel necessary to use

Any major mechanical issue will result in the rider being transported back to Petco Park

Ride Marshals:

Marshal the course of your choice by registering to volunteer. (40 marshals needed on different courses – 25, 55, and 75 miles)

Victor Vargas
Volunteer Coordinator - San Diego Bicycle Club
volunteer@sdbc.org

 **Switchback Velo**

CLASSIFIEDS

Final Call Spinergy Wheel Sets

Remaining 2019 Wheel Sets for Sale to SDBC Members
Pricing and Inventory: All Excellent Condition

[Click Here!](#)

Buyer purchases as-is, no warranty, and assumes all liability. No refunds or exchanges. Wheel Set purchases are payable by check made out to SDBC

Contact Michael Pelkey
equipment@sdbc.org



For Sale - CycleOps/Saris Hammer H2 Smart
Trainer

Includes the adaptors for QR and various sizes of thru axles, spacers for 9, 10, 11/12 speed cassettes, manual, and even the original box. Also will include a sweat guard + phone holder for free. Compatible with Zwift and the other major training apps/ecosystems. I purchased this to use during the pandemic stay-at-home orders but seldom use these days. Review located here:

Review

\$500 OBO. Retail new for >\$800

Frank (flehnerz.uwyo@gmail.com) 858-257-9530



For Sale

Louis Garneau, Women's Multi Air Flex II Bike Shoes

For indoor cycling, commuting and mtb, SPD cleat compatible with mtb and road pedals, Dark Night color, size 40.

Used for three rides by my wife. Like new--clean and ready to go. \$75/obo.

Contact Steve @ 858-735-6570



amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Newsletter Submissions

Newsletter Submissions and Suggestions are encouraged. Deadline by Tuesday Evenings. You may submit them to the SDBC Weekly Update

Editor at:

weekly@sdbc.org

FLUID

Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

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