



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



Message from Clothing Director

2023 SDBC KITS

GOOD NEWS! The SDBC 2023 Clothing Store is now open and taking orders. Orders can be placed through Tuesday, January 31st. The next store will open one or two days after that. Delivery on these items (as has always been the case) is typically from 5 to 6 weeks. If you have any questions prior to submitting your order, please email me at clothing@sdbc.org. I will be answering emails in the evenings. **PLEASE DO NOT CONTACT PACTIMO!!!** They are minimally staffed and depend upon their clothing directors to help answer any questions.

Here is the link to the store:

[SDBC Clothing Store](#)

The Password is: SDBC2023

Cheers,
Vali Holroyd
Clothing Director
clothing@sdbc.org



Click on Sponsors Logo to learn more about
their Services

Questions regarding Sponsorship can be submitted to
sponsorship@sdbc.org



Bonnici Law Group is the Official Sponsor of SDBC!

Josh Bonnici of Bonnici Law Group has been riding all over San Diego County for nearly 30 years, and has taken his passion of cycling and the law to another level by being the go-to lawyer for injured cyclists. After sponsoring and racing with SDBC since 2017, he is excited to be title sponsor and help SDBC continue its storied history serving cyclists in San Diego.

SDBC Events Calendar

Here you can find SDBC events for both the Current and Future Months.

ANNUAL AWARDS PRESENTATION

74th Banquet of Champions

The Old Spaghetti Factory – Downtown San Diego 275 5th Ave
THIS Sunday, January 22, 2023
5 PM to 8:30 PM

View the [Special Announcement](#) here!

Peter Livingston
Special Events Director
specialevents@sdbc.org



Volunteer sign up sheet for the upcoming SDBC awards banquet. Below is the link for individuals to sign up, Thank you.

Volunteer Signup



Please note there might be light lifting involved and if anyone has questions they can reach me:

Victor Vargas

Volunteer Coordinator

Volunteer@sdbc.org



PACTIMO



Fiesta Island Time Trial

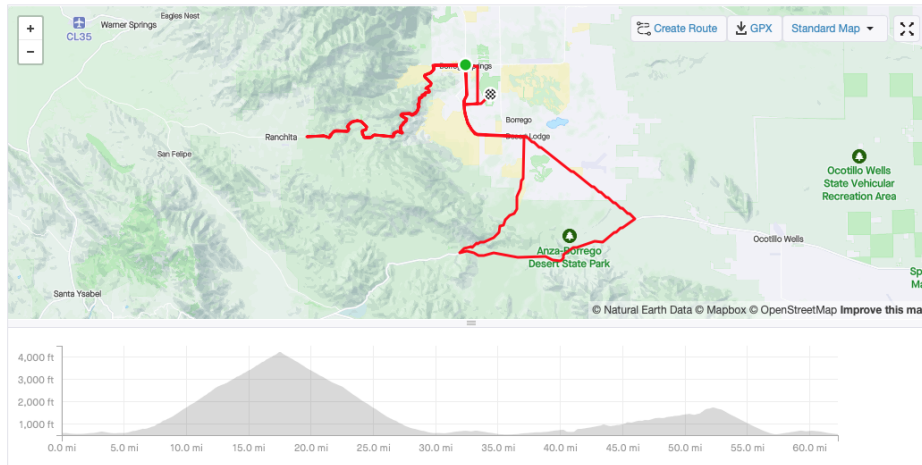
Fiesta Island Time Trials is San Diego's original time trial series, sponsored by San Diego Bicycle Club. **Sunday January 29th**

See our [Fiesta Island Time Trial](#) page for more info.



SDBC Training Camp - Day 2

- Distance Elev Gain
- 62.26 mi 5,586 ft



Update from **Men's Team Leadership**
David Gomaidy

We had our 2023 SDBC Team camp back in Borrego Springs after 2 years hiatus on 1/13/2023-1/15/2023. The women's team, the men's team and coaches from Source Endurance were present. We had three team cars to help with media, food and mechanical support behind the riders. Click on any of the Links below for Photo's & Video's from the Camp!

[Pictures from the camp:](#)

[Videos:](#)

Day 2

Montezuma Grade climb

Four rider breakaway and peloton chase drills

Day 3

Team coaching provided by Source Endurance and criterium practice

Men's Team Leadership

David Garcia

Joshua Bonnici

Tom MaCarthy

David Gomaidy

Women's Team Leadership

Katherine Nadler

Beril Polat

Source Endurance Team coaches

Adam Mills

Taylor Warren

CAFÉ LaTERRE

— FOR THE LOVE OF COFFEE —

Café LaTerre is located at the coastal heart of Solana Beach, inside Salon World Suites. We are a small neighborhood cafe focused on delivering a premiere experience without the wait. Although coffee is the center-point to what we do, we emphasize the importance of the experience and everything that falls within its scope. This includes service, growth, and excellence (among many others!).

**SOURCE
ENDURANCE**

R.J.S.E.
Physical Therapy



Volunteer Opportunities

Looking for some volunteering opportunities? Look no further. We are in need of volunteers for several upcoming events.

Click below to see available shifts.

Farmers Open Golf Tournament - Bike Valet January 25th - 28th
Each year, SDCBC provides bike valet service for the golf tournament - a free option for those that attend. Help us support the Farmers Open by signing up for a shift or two. Bike valet is located by the Hilton, midway up the golf course. Close enough to hear the excitement play-by-play!
Sound interesting? Click below to view available shifts.

[Volunteer Signup](#)



 **Switchback Velo**

SDBC Gear Bags



SDBC Gear bags are still available from the Pedal Industries' SDBC store! Click on [SDBC Collection](#) to see all the available items.

CLASSIFIEDS

Santa Cruz Highball for sale

Category: XC / Cross Country Bikes
Condition: Good - Used, Mechanically Sound
Frame Size: L
Wheel Size: 29"
Material: Carbon Fiber

Will throw in goodies (alloy wheels, bars, stem, dropper post). Pedals not included. See [Details Here](#) or to Message Seller

[Santa Cruz Cross Bike](#)

Thank you,
Andrew Moradpour



Louis Garneau, Women's Multi Air Flex II Bike Shoes for indoor cycling, commuting and mtb, SPD cleat compatible with mtb and road pedals, Dark Night color, size 40.



Used for three rides by my wife. Like new--clean and ready to go. \$75/obo.



You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Newsletter Submissions

Newsletter Submissions and Suggestions are encouraged. Deadline by Tuesday Evenings. You may submit them to the SDBC Editor at: weekly@sdbc.org



Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#).

Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



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