



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



President's Message

There is still time to sign up for Borrego Springs!! This will be an amazing weekend and anyone who is even thinking about it should do it! Please use the link below to sign up.

Our Club Night has moved to December 7th. It is at the same location. Please be sure to put that on your calendar and attend! This will be the time to try on the newly designed Summit jersey, and brand new Flyte Jersey and shorts/bibs. We will be there from 5:30 to 8 pm.

Our annual board meeting will be on Tuesday, December 13th. This is when the club members have the opportunity to vote for new board members. I highly recommend that as many members as possible join this meeting!! We have many positions still open including President, Vice President and Treasurer. If you want to make a difference in this club, please step up and put your name in the hat!! There are also other positions open - please send me a message if you are curious or interested.

Cheers,
Vali Holroyd
President SDBC
president@sdbc.org



Borrego Springs Ride and Camp Weekend

November 5th - 6th
Mira Mesa to Borrego Springs
Cost: \$25.00 for riders

<https://www.sdbc.org/borrego-springs-ride-and-campout>

Josh Bonnici
josh@bonnicilawgroup.com



SDBC KITS



Jersey Front



Bib Front



Jersey Back



Bib Back

STORE CLOSÉS

OCTOBER

16

EST. DELIVERY

NOVEMBER

21

<https://teamstore.pactimo.com>
password: sdbc2022



<https://sdbc.org/store>

Our 2023 new kit design will be revealed at club night in December!

Vali Holroyd
Clothing Director
clothing@sdbc.org



SDBC Gear Bags

SDBC Gear bags are available from the Pedal Industries' SDBC store! The design has been updated to our new 2022 colors.

<https://pedalindustries.com/collections/sdbc-san-diego-bicycle-club-store>.



SDBC Race Team Recruitment Ride

The SDBC Race team recruitment ride had 15 riders, with 5 new to the team. The morning started with Josh Bonnici and Tom McCarthy giving a nice introduction and welcome to the new riders. David Garcia led the ride and David Gomaidy was the ride sweeper. The route was a bit bumpy which made for a fun team bonding experience. Make sure to join the next recruitment/training ride on November 26. Look for details in the upcoming Weekly Updates.



SAVE THE DATE

*** SDBC Club and Kit Fit Night - 7 Dec ***

Annual Holiday Toy Ride - 10 Dec

Annual Meeting of the Members - 13 Dec

SDBC Awards Banquet - 22 Jan (tentative)



PACTIMO



**PLANT
POWER**
FAST FOOD

SDBC Race Results

Fiesta Island Time Trial, CA, 10/16/2022

Jeff Burt-Gracik, 1st, Men 35+

Troy Underwood, 1st, Men 55+

Doug Small, 1st, Men Cat 4/5

Martin Adamczyk, 2nd, Men Pro 1/2/3

Conrad Hindert, 2nd, Merckx Open Male

Eric Starr, 9th, Merckx Open Male

Karen Messer, 1st, 20K Women Cat 1-5

David Pfannenstiel, 4th, Tandem Open

Kevin Festini, 1st, 40K Open Male

Belgian Waffle Ride, Lawrence, Kansas 10/16/2022

David Morrison, 5th (Waffle: Men 45-54)

Stephen Burge, 19th (Waffle: Men 45-54)

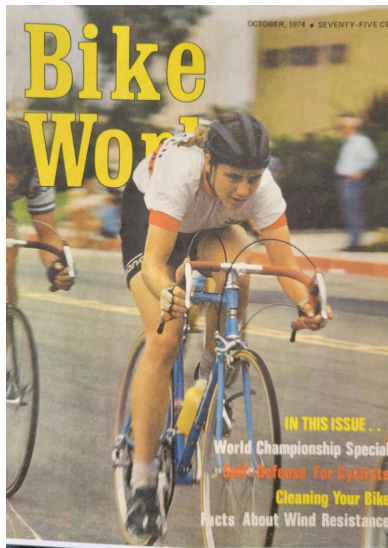
David Gomaidy

SDBC Men's Team Director





<https://www.teedeeuas.com>



Dear Cycling Friends;

We have lost another SDBC Life Member from the peloton; Hannah North 67, passed away last week from brain cancer;

Hannah grew up in La Jolla, CA. and started riding with the San Diego American Youth Hostels in junior high school. In high school, she began training and racing with the San Diego Bicycle Club. Hannah became one of the top women's racer's in the USA! She won many State Titles and competed Internationally including the Worlds; Hannah was the winner of the first Women's Red Zinger Classic in 1975 and the only woman to race all Red Zinger and Coors Classics!

Hannah worked for La Jolla Cyclery, Skid-Lid Helmets, and Hewlett Packard in San Diego; In the late 80's she transferred to HP in Boise Idaho and started living the Mountain Life; Hiking, Skiing, Rock Climbing, Camping and traveling from Alaska to South America and every Mountain in between! During these adventures she met her husband, Tom Harper, retired from HP and built a beautiful home on 40 acers in Almo Idaho pop.100; They were set-up forever!

But cancer would not stop and after years of breast, lung and brain cancer she's gone! Hannah North will be remembered as a "True American Women's Sportster!"

Sincerely,
Ralph Elliott, SDBC Historian, Life long Friend!



amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

CLASSIFIEDS

Wanted

Road bike frame. 62cm or XL. rim brakes. Thanks for any leads.
Peter Dufour | (858)625-1725 | du46@aol.com



CycleOps/Saris Hammer H2 Smart Trainer

Includes the adaptors for QR and various sizes of thru axles, spacers for 9, 10, 11/12 speed cassettes, manual, and even the original box. Also will include a sweat guard + phone holder for free. Compatible with Zwift and the other major training apps/ecosystems. I purchased this to use during the pandemic stay-at-home orders but seldom use these days. Review located here: <https://www.dcrainmaker.com/2019/01/cycleops-h2-hammer-2-trainer-in-depth-review.html>

\$500 OBO. Retail new for >\$800

Frank
flehnerz.uwyo@gmail.com
858-257-9530

Membership

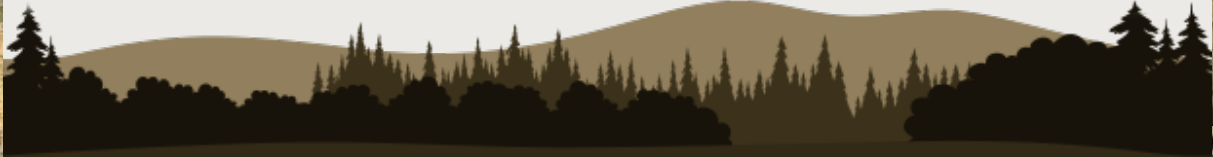
Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#). And please contact **Simon** with any membership questions.

Simon Bott-Suzuki

Membership Director
membership@sdbc.org



Send Comments and Suggestions to:
Michael Karres
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

[Unsubscribe weekly@sdbc.org](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [weekly@sdbc.org](#) in collaboration
with



Try email marketing for free today!