



**WEEKLY UPDATE**

for members of the  
San Diego Bicycle Club



## President's Message

Hello SDBC! For those of you who have not yet signed up, the Borrego ride and camping trip is still open for reservations!! Please check out the information below and/or on our [website](#). This will be an epic weekend!

I mentioned this at our board meeting - **we need members to step up and assume board positions for 2023**. I've been mentioning it for several months, and the time is here. If you have any questions, concerns, or just want to talk about what we have open, please message me at [president@sdbc.org](mailto:president@sdbc.org) and we will set some time aside to talk.

Cheers,  
Vali Holroyd  
President SDBC  
[president@sdbc.org](mailto:president@sdbc.org)



## Borrego Springs Ride and Camp Weekend

November 5th - 6th  
Mira Mesa to Borrego Springs  
Cost: \$25.00 for riders

**Spots are filling quickly, register today to not miss out!**

<https://www.sdbc.org/borrego-springs-ride-and-campout>

Josh Bonnici  
[josh@bonnicilawgroup.com](mailto:josh@bonnicilawgroup.com)



## Fiesta Island Time Trials

Sunday, January 9  
Sunday, April 17  
Sunday, May 15  
Sunday, October 16

Registration: [WebScorer.com](http://WebScorer.com)

Details: <https://www.sdbc.org/fiesta-island-time-trial>

Volunteers get to help setup, break down and help with the awards! Please contact Bill Branson, SDBC Volunteer Director at [volunteer@sdbc.org](mailto:volunteer@sdbc.org) if you have any questions about volunteer opportunities.

Mike Barreras  
Fiesta Island Time Trial Director  
[fittdirector@sdbc.org](mailto:fittdirector@sdbc.org)



## SDBC KITS



Jersey Front



Bib Front



Jersey Back



Bib Back



<https://sdbc.org/store>

Our 2023 new kit design will be revealed at club night in November!

STORE CLOSURES	EST. DELIVERY
OCTOBER	NOVEMBER
16	21

Vali Holroyd  
Clothing Director  
clothing@sdbc.org

<https://teamstore.pactimo.com>  
password: sdbc2022



## SDBC Gear Bags

SDBC Gear bags are available from the Pedal Industries' SDBC store! The design has been updated to our new 2022 colors.

<https://pedalindustries.com/collections/sdbc-san-diego-bicycle-club-store>.



## SDBC Race Team Recruitment Ride

We are kicking off an abridged off-season training series, starting **Saturday, October 22nd**. There will be three in total, one per month until the team camp in January. These are also serving as recruitment rides, so please invite your friends and family that are "racing curious" so we can grow and expand our team. Let's make road racing great again!

The first one will be in North County, start at [Starbucks on El Norte Parkway](#), 302 W El Norte Pkwy, Escondido, CA 92026. The route will be a Rice/Couser canyon loop with Woods Valley/Wolford detour. For riders on a time constraint, you are welcome to head straight down Valley Pwky and skip the Wolford loop.

Meetup time is around 8:00 for coffee, with ride **start at 8:30 AM**. Hope to see you there!

The two subsequent rides are currently scheduled for 11/26 and 12/17 but may be adjusted. We'll keep you posted.

Here is a Ride With GPS link below, check it out if you're interested.

<https://ridewithgps.com/routes/41156516>

Best,  
David Garcia  
David Gomaidy  
SDBC Men's Team Leadership



## SAVE THE DATE

SDBC Club and Kit Fit Night - 9 Nov  
Annual Holiday Toy Ride - 10 Dec  
Annual Meeting of the Members - 13 Dec  
SDBC Awards Banquet - 22 Jan (tentative)



This is Rouleur's Anniversary weekend!  
Stop in and congratulate them for  
winning Gold! Their DOMESTIQUE  
Blonde Ale earned a Gold Medal at this  
year's **Great American Beer Festival**

# SDBC RACE RESULTS



Belgian Waffle Ride, Cedar City, Utah  
09/24/22



David Morrison, 8th (Waffle: Men 45-54)  
Stephen Burge, 21nd (Waffle: Men 45-54)  
Matthew Normand, 57th (Waffle: 35-44)

David Gomaidy  
SDBC Men's Team Director  
[men45director@sdbc.org](mailto:men45director@sdbc.org)



<https://www.teedeeuas.com>



FLUID  
FLUID  
FLUID

## 30% SDBC MEMBER DISCOUNT

Ends at noon today!

SDBC members get **30% off** of all products and **free shipping** to their home! There are some new Tactical Electrolyte products that are amazing! They can be found under the Fluid Nutrition Shopping tab, as "Tactical" The Tactical products compete head to head with Skratch, Nuun, and Hammer and have been used in the Forest Service space for high-heat rapid hydration. Orders can be placed on the Fluid website until **noon Thursday, October**

13. If you have any questions, please contact Vali.

Main Site: [store.livefluid.com](https://store.livefluid.com)

30% code: SDBC2022-3

Dates: Thurs 9/29 - noon Thurs 10/13

Also New Products:

<https://store.livefluid.com/collections/tactical>

Vali Holroyd

President SDBC

[president@sdbc.org](mailto:president@sdbc.org)

**amazon**smile  
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at [smile.amazon.com](https://smile.amazon.com) and choose "San Diego Bicycle Club".

## CLASSIFIEDS



### CycleOps/Saris Hammer H2 Smart Trainer

Includes the adaptors for QR and various sizes of thru axles, spacers for 9, 10, 11/12 speed cassettes, manual, and even the original box. Also will include a sweat guard + phone holder for free. Compatible with Zwift and the other major training apps/ecosystems. I purchased this to use during the pandemic stay-at-home orders but seldom use these days. Review located here: <https://www.dcrainmaker.com/2019/01/cycleops-h2-hammer-2-trainer-in-depth-review.html>

\$500 OBO. Retail new for >\$800

Frank

[flehnerz.uwyo@gmail.com](mailto:flehnerz.uwyo@gmail.com)

858-257-9530

## Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:  
Not A Member :( Please join today using the SDBC

If you need to renew or join, do it today at [SDBC Membership](#). And please contact **Simon** with any membership questions.

Membership link below!

Simon Bott-Suzuki  
Membership Director  
[membership@sdbc.org](mailto:membership@sdbc.org)

Send Comments and Suggestions to:  
**Michael Karres**  
Weekly Newsletter Editor  
[weekly@sdbc.org](mailto:weekly@sdbc.org)



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