



## SATURDAY IS PICTURE DAY

This Saturday, Aug 13, at UCC at 7:45 am sharp

Wear your 2022 SDBC BLG Kit

Be There or Be Square

## President's Message

Please plan to be at UCC at 7:45 sharp on Saturday morning for our annual club picture! Come dressed in your 2022 BLG club kit.... We will have a general picture, a ride leader's picture, women's and men's race team pictures and a BOD picture. We are in need of a few photographers, so if you know of one, please let me know! I look forward to seeing you all there.

Cheers,  
Vali Holroyd  
President SDBC  
[president@sdbc.org](mailto:president@sdbc.org)





# SDBC Race Results

Patterson Pass Road Race, Tracy, CA -  
8/7/2022

Ruben Saatjian, 15<sup>th</sup>, Pro/1/2

2022 USA Cycling Masters Road National  
Championships

Albuquerque, NM – 8/4/2022-8/7/2022

*Road Race:*

Stephen Burge, 34<sup>th</sup>, Men 50-54

David Morrison, 27<sup>th</sup>, Men 50-54

Michael Morrison, 12<sup>th</sup>, Men 50-54

Martin Adamczyk, 18<sup>th</sup>, Men 40-44

*Criterium:*

Stephen Burge, 31<sup>st</sup>, Men 50-54

David Morrison, 11<sup>th</sup>, Men 50-54

Michael Morrison, 6<sup>th</sup>, Men 50-54

Tour de Big Bear, Big Bear Lake, CA –  
8/6/2022

*The Climb – 100 mile challenge*

Kevin Festini, 26<sup>th</sup>

Gavin Gatta, 41<sup>st</sup>

Conrad Hindert, 49<sup>th</sup>

Michael Green, 111<sup>st</sup>

Mathew Normand, 148<sup>th</sup>

Cristoffer Fairweather, 156<sup>th</sup>

*Big Bear Valley Tour – 50 miles – 3700  
climbing*

Gustavo Menezes, 4<sup>th</sup>

*Dirty Bear 50 mile Gravel*

Josh Bonnici, 12<sup>th</sup>

Watsonville Criterium, CA - 07/09/22

Robert Davis, 15<sup>th</sup>, 50+ Cat 1/2/3

Szosowe Mistrzostwa Polish Masters Road  
Championships, Poland - 06/26/22

Martin Adamczyk, 8<sup>th</sup>, Men 40+

David Gomaity | Men's Race Team Director







## SDBC KITS



Jersey Front



Bib Front



Jersey Back



Bib Back

STORE CLOSÉS	EST. DELIVERY
AUGUST	SEPTEMBER
7	12

<https://teamstore.pactimo.com>  
password: sdbc2022



<https://sdbc.org/store>

Please remember that if you have an issue with your team kit, reach out to me and not Pactimo!

Vali Holroyd  
Clothing Director  
[clothing@sdbc.org](mailto:clothing@sdbc.org)



## SDBC Gear Bags

SDBC Gear bags are available from the Pedal Industries' SDBC store! The design has been updated to our new 2022 colors.

<https://pedalindustries.com/collections/sdbc-san-diego-bicycle-club-store>.



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**PLANT  
POWER**  
FAST FOOD





PACTIMO



## Sunday Ride

### A Visit with the Goats of Del Mar & El Secreto

Route: <https://ridewithgps.com/routes/40524680>

Meet up at 8:20 at UC Cyclery, roll out at 8:30.

This fun ride is 42 miles in length with 2,700' climbing, with a stop at SDBC sponsor Café LaTERRE, before usual route back to UC Cyclery.

We will be traversing familiar roads and visiting two locations with goats, so make sure to bring a baggie with some cut up carrots or apples.

Bring two water bottles and be ready to roll at 8:30. We should be back by 12:00 latest. Come join the fun! Meet the goats (and alpacas)!

Michael Pelkey

Ride Leader



<https://www.teedeeuas.com>





## B Regulars

The Saturday B ride benefits from having many regular riders! Here are some of them relaxing at Cafe LaTerre (top) And the photographer, Patrick, from a Sunday adventure (bottom left)



## FLUID

**amazon**smile  
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at [smile.amazon.com](https://smile.amazon.com) and choose "San Diego Bicycle Club".

## CLASSIFIEDS



CycleOps/Saris Hammer H2 Smart Trainer

\$500 OBO. Retail new for >\$800.

Includes the adaptors for QR and various sizes of thru axles, spacers for 9, 10, 11/12 speed cassettes, manual, and even the original box. Also will include a sweat guard + phone holder for free. Compatible with Zwift and the other major training apps/ecosystems. I purchased this to use during the pandemic stay-at-home orders but seldom use these days. Review located here: <https://www.dcrainmaker.com/2019/01/cycleops-h2-hammer-2-trainer-in-depth-review.html>

Frank | [flehnerz.uwyo@gmail.com](mailto:flehnerz.uwyo@gmail.com)  
858-257-9530



## \*\*\* WANTED \*\*\*

Men's road bike 58" Carbon Fiber or Aluminum, good to very good condition.  
Lisa | 858-437-2148 | Lisaauslander65@gmail.com



### 2022 SDBC Kit

- Women's Ascent Vector Short, Size XL (fits like a L), originally \$88, will take **\$75**
- Century Jersey Unisex, Size XL, (fits like a 2XL), originally \$57.20, will take **\$50**

Call Barb Trenchi 619-723-4259 or  
email [btrenchi@yahoo.com](mailto:btrenchi@yahoo.com)



## Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:  
Not A Member :( Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at

[SDBC Membership](#). And please contact **Simon** with any membership questions.

**Simon Bott-Suzuki**  
Membership Director  
[membership@sdbc.org](mailto:membership@sdbc.org)

Send Comments and Suggestions to:  
**Michael Karres**  
Weekly Newsletter Editor



**STRAVA**

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