



WEEKLY UPDATE
for members of the
San Diego Bicycle Club



President's Message

Let's all work together to build a successful future for SDBC! If you have any interest, suggestions, comments or just want to touch base, please reach out to me or any of our SDBC Board members. We would be happy to talk with you! And even happier to work with you to support our club!

Cheers,
Vali Holroyd
President SDBC
president@sdbc.org



SDBC Red, White & Brew 2022

Join us for our 4th of July ride and picnic! The ride is open to everyone. The picnic will be in Nobel Park areas #6 and #7 and is **free to members** and \$25 for non-members. We need volunteers to help with the picnic.

<https://volunteersignup.org/KE94C>

There will be a 35 mile ride and a 43 mile ride. Roll out is at 9:00 am.

- [Ride with GPS - 35 mile route](#)
- [Ride with GPS - 43 mile route](#)

Bill Branson
Volunteer Director
volunteer@sdbc.org



2022 Juneteenth Festival



SDBC had a successful helmet giveaway and bike rodeo on Saturday, June 18 at Memorial Park. The event ran from 12:00 - 3:00 p.m., and we gave away about **80 helmets** and had about **50 kids** go through the bike rodeo. Thanks to Jeff Wollrabe for bringing four little bikes! And thanks to Steve Burge and his friend Mike (our amazing helmet fitter), Peter Dufour and Jeff for all of their help in conducting the event. Also, thanks to Billy from the Parks Dept. who brought us water and the event organizers for lunch and drinks!

Barb Trenchi
SDBC Ride Leader



SDBC KITS



<https://sdbc.org/store>



Jersey Front



Bib Front



Jersey Back



Bib Back

STORE CLOSES	EST. DELIVERY
JUNE	AUGUST
30	5

<https://teamstore.pactimo.com>
password: sdbc2022

Please remember that if you have an issue with your team kit, reach out to me and not Pactimo!

Vali Holroyd
Clothing Director
clothing@sdbc.org



JKC Memorial Hunte Parkway Road Race

Conrad McGarry posted his pictures of the JKC Memorial Road Race. There are a lot of great shots from a variety of angles. <https://flic.kr/s/aHBqjzUJHa>



SDBC Gear Bags

SDBC Gear bags are available from the Pedal Industries' SDBC store! The design has been updated to our new 2022 colors.

<https://pedalindustries.com/collections/sdbc-san-diego-bicycle-club-store>.

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Tour de France

The Tour de France is generally regarded as the single hardest sporting event in the world. It is 3 weeks of the most exciting bicycle racing across some of the most beautiful countryside. This year it runs July 1 through July 24. There are many ways to follow it. Make sure to keep up with each day's results, otherwise you might feel left out of the Saturday ride conversations!

Official site: <https://www.letour.fr/en/>

Get caught up with a preview from cyclingnews: [tour-de-france-2022-preview](#)

Bonus points if you know the name of this rider in yellow. (Hint: He is the rider with the most yellow jerseys for someone who has not won the Tour.)



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[Specialty Produce](#) is a family owned and operated food service and retail fresh produce supplier located in San Diego, CA.

SDBC Race Results

SCNCA Championships: Team Time
Trials, Lake LA, 06/18/22

1st place, Four Men Open

Kevin Festini

David Garcia

Tom McCarthy

Jason Ryan



David Gomaity, Men's Race Team
Director



Note from Coalition Rep

There's a new nice alternative detour through Encinitas when riding along the coast thanks to a new path along the west side of I-5 between Solana Beach and Cardiff you may want to check out. On the south end it starts at Solana Hills Drive a few hundred yards north from Lomas Santa Fe. From the coast head east on LSF and take a left onto Solana Hills Drive just before reaching I-5. Look for the path entrance on your right. The path takes you through the scenic San Elijo lagoon area, across the lagoon via bridge and across Manchester via crosswalk, and then climbs up to Birmingham. You can follow Birmingham west back to the coast, or continue north along residential streets all the way to La Costa Ave, a route I've only recently discovered. Enjoy!

Serge Issakov

SDBC's San Diego County Bicycle Coalition representative



<https://www.teedeeuas.com>



SDBC Sunday Ride Route

Mt Helix Again: Starting in Balboa Park we'll ride through Mission Valley to Mt Helix and on our return we'll stop at Rouleur Brewing, North Park. Start Location - Not far from the San Diego Velodrome, in the parking lot between the baseball fields and Morley Field Archery Range. [MAP LINK](#)

Distance 40 miles - Elevation 2,572' Here's the route: [SDBC Sunday Ride Mt Helix](#)

Tony Lowery

Ride Leader

sundayride@sdbc.org



amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Summer Cycling Adventures

As you ride some epic routes this summer, take pictures in your SDBC kit and send them to Weekly (weekly@sdbc.org) to make the rest of us envious!

Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#). And please contact **Simon** with any membership questions.

Simon Bott-Suzuki
Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Michael Karres
Weekly Newsletter Editor
weekly@sdbc.org



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