



We are riding this Sunday to show support and gather donations for the people of Ukraine. Their plight can seem surreal and it's easy to feel disconnected from their dire situation. However, as their country and economy get destroyed, they are in need of resources. The reality of the situation was made clear to me when I read an update from a former Ukrainian colleague. Last summer, I had the great fortune of collaborating with 3 Software Engineers/Data Scientists living in Odesa. They were typical nerds like many of us. And now they are in the middle of a war. Fortunately, one of them was permitted to leave Ukraine. He posted his 8-day ordeal here:

<https://telegra.ph/Crossing-the-border-during-war-in-8-days-03-10>

Please join us on Sunday.

Michael Karres
Weekly Newsletter Editor
weekly@sdbc.org

2022 Title Sponsor



Sale!



Spinergy gave SDBC a huge discount on wheel sets for the race teams and now we are selling the remaining sets to members. Wheels are the number one upgrade to improve your speed! Buy them directly from me: equipment@sdbc.org

Pricing and Inventory:

NEW Carbon Disc, Thru Axle 12 x100 mm, 6 bolt

Qty 1 - FCC 47 mm, \$775 (Retail \$1,399)

Qty 1 - FCC 32 mm, w/new Specialized All Weather 25C tires & tubes, \$725 (Retail \$1,199)

Qty 1 - FCC 32 mm, \$695 (Retail \$1,199)

USED (VG condition) Carbon Disc, same as above

Qty 1 - FCC 32 mm, \$475 (Retail \$1,199)

NEW (in boxes) Aluminum Rim Brake w/Skewers

Qty 7 - Z Lite 24 mm, \$395 (Retail \$739)

Buyer purchases as-is, no warranty, and assumes all liability. No refunds or exchanges. Wheel set purchases are payable by check made out to SDBC.

Michael Pelkey

Equipment Director

equipment@sdbc.org

SDBC KITS

I've received several messages about socks - socks are available at UCC! Please purchase them online on our [SDBC Store](https://sdbc.org/store), take the e-receipt in with you and pick up your socks from the shop. Let me know if you have any questions.

Cheers,

Vali Holroyd

Clothing Director

clothing@sdbc.org

<https://sdbc.org/store>

<https://teamstore.pactimo.com>

password: sdbc2022



Jersey Front



Bib Front



Jersey Back



Bib Back



STORE CLOSURE	EST. DELIVERY
MARCH	MAY
24	6

2022 Pro Cycling



This year's professional racing has been incredible! On Tuesday in stage 2 of the **Volta a Catalunya** a rider, Mattias Jenson, went over the edge of the mountain while descending. Fortunately he was ok. And not only was he ok, but he finished 10th on the stage! Watch the GCN highlights on YouTube



Also, if you missed the 'La Classicissima di primavera', that is the spring classic **Milano-Sanremo**, then you need to watch these GCN highlights to be inspired to work on your bike handling skills.



SDBC Men's Race Results

CAMTB XC #3 -Vail Lake Resort 4, Temecula, 3/19/2022

Maison Chen, 3rd place, CAT 2 - Men 45-49

SDBC Junior's Race Results

CBR #3 Dominguez Hills, 3/20/22

Lily Mora - 7th, Women Cat 4/5

Maison Chen



Save The Dates

Sunday April 17th
Fiesta Island Time Trial

Sunday April 24th

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunday May 1
SDBC Gordy Shields Memorial Ride



ROULEUR FIVE-YEAR ANNIVERSARY BIKE RIDE

SATURDAY, MARCH 26, 2022 AT 9:00 AM – 12:00 PM

Meet at 9am at the [Carlsbad brewery](#) and roll out at 9:30am. Choose between road or gravel routes. Both routes will finish by noon, just in time for the Five-Year Anniversary Celebration where there will be plenty of beer, food, live music, and at least a few SDBC ride leaders!

<https://www.facebook.com/events/1030790831119149/>



[Specialty Produce](#) is a family owned and operated food service and retail fresh produce supplier located in San Diego, CA.



TeeDee UAS has a new website!

Check it out and learn about their consulting services for unmanned aircraft systems

<https://www.teedeuas.com>





Cycling Adventures

SDBC riders Lisa, Dean and Paul plus their friends began an incredible adventure on Tuesday. They are riding from the Golden Gate bridge back to San Diego! They will return next week. In the meantime, you can follow them on Strava:

<https://www.strava.com/activities/6867536513>

amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Classifieds



CycleOps/Saris Hammer H2 Smart Trainer

\$550 OBO. Retails new for >\$800.

Includes the adaptors for QR and various sizes of thru axles, spacers for 9, 10, 11/12 speed cassettes, manual, and even the original box. Also will include a sweat guard + phone holder for free. Compatible with Zwift and the other major training apps/ecosystems. I purchased this to use during the pandemic stay-at-home orders but seldom use these days.

<https://www.dcrainmaker.com/2019/01/cycleops-h2-hammer-2-trainer-in-depth-review.html>

Frank | flehnerz.uwyo@gmail.com |
858-257-9530

Wanted: 56 cm road bike, male or female.
contact: jssorenson@gmail.com

Wanted: Medium Hardtail MTB, carbon frame, 12 gear rear cassette (1 x 12).
contact: sdgauthier@yahoo.com

Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#). And please contact **Simon** with any membership questions.

Simon Bott-Suzuki
Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Michael Karres
Weekly Newsletter Editor
weekly@sdbc.org



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