



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



NOTICE TO THE MEMBERS

Meeting of the Board of Directors

Tuesday, March 8, 2022
6:30 PM - 8:30 PM (PDT)

Everyone is welcome to join!
Both members and the general public

Zoom Link: [Click Here](#)
Meeting ID: 912 3812 9555
Passcode: 909512

[Click Here for the Agenda](#)

This notice complies with SDBC Bylaws, Section III-L Meetings & Notice of Meetings.

Mike McLaughlin
Secretary
secretary@sdbc.org

PRESIDENT'S MESSAGE

As we say goodbye to February and say hello to March, we welcome the start of Women's History Month. There are some ideas floating around about creating a ride similar to the Major Taylor ride we did during Black History Month. If you have any ideas and/or would like to help, please reach out to our Community Engagement Director, Bill Riggs at engagement@sdbc.org. Let's make this happen!!

I am very excited to announce that our new member, Bill Branson, stepped up to assume the role of Volunteer Director. Bill's position will be voted on at the March BOD meeting (a formality) and he can be reached at volunteer@sdbc.org. Please join me in welcoming Bill and thanking him for stepping up. He is a frequent flyer on D2.

Cheers,
Vali Holroyd
President SDBC
president@sdbc.org

2022 Title Sponsor

Women's History Month

While we gather ideas for celebrating Women's History Month you might enjoy this Bicycling article:

<https://www.bicycling.com/culture/a35866989/historic-women-in-cycling/>



Jersey Front



Bib Front



Jersey Back



Bib Back



SDBC KITS

I've received several messages about socks - socks are available at UCC! Please purchase them online on our [SDBC Store](https://sdbc.org/store), take the e-receipt in with you and pick up your socks from the shop. Let me know if you have any questions.

Cheers,

Vali Holroyd

Clothing Director

clothing@sdbc.org

<https://sdbc.org/store>

<https://teamstore.pactimo.com>

password: sdbc2022

STORE CLOSURE	EST. DELIVERY
MARCH	APRIL
7	19



Meet Your SDBC Ride Leaders

With the exception of the A group, all SDBC Saturday Rides have at least one official volunteer SDBC Ride Leader in charge of controlling the ride. Most Saturdays, especially on the Development Rides, they will be assisted by

additional leaders. Typically riders should stay behind or next to the leader. The Ride Leaders are experienced cyclists with a variety of backgrounds who are dedicated to ensuring a safe and enjoyable experience for all participants. Check out their short bios here: <https://www.sdbc.org/ride-leaders>

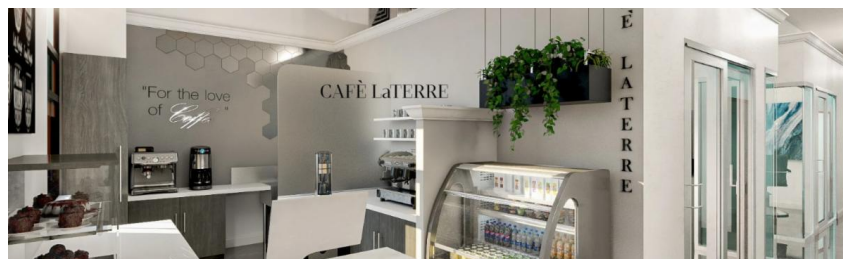
Charlie Sykes
Training Director
training@sdbc.org



Campagnolo San Diego Gran Fondo Sunday April 3rd, 2022

Gran Fondos are designed to be fun for everyone and are a great way to show off your fitness and experience gained from our Saturday rides. There are multiple routes with distances of 100, 60, and 35 miles.

<https://www.sdgranfondo.com>

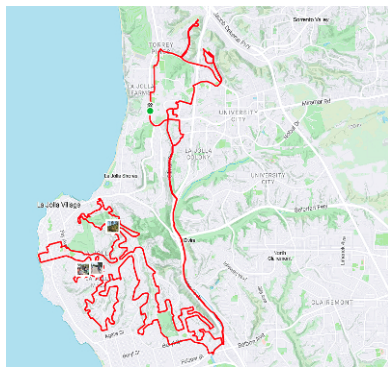


The Saturday Ride coffee stop



SDBC Member Eric Gillman is passionate about helping Haiti recover from the

catastrophic 7.0 earthquake that devastated the country in 2010. The disaster killed 300,000 people and left the already impoverished nation in complete ruins. To raise awareness and donations to expand their medical services, he is riding from Miami to San Diego while giving speaking events along the way. His trip starts March 17. Learn more here: <https://www.ericridesforhope.com>



Sunday Soledad: Snek Route

Robert and friends have been enjoying adventurous Sundays. Everyone is welcome to join but it's not for the faint of heart! Contact him at the Saturday rides or leave a message on Strava:

<https://www.strava.com/activities/6749069458>



Old world heritage meets SDBC racing teams!

rouleurbrewing.com

Welcome February New Members!

Say hello to your Saturday ride leaders and make sure to tell them you joined the club!

Brett Frazer
Bill Branson
Kathy Bodie
Don Litzenberg
David Sellers
Steve Mise
Jody Reifenberger
Kenrick Buchanan
Karen Bieganousky

Somyoth Sayvong
Moira Molloy
Laticia
Tony Han
Chris Baxter
Joe
Kimberly
Eric Gillman
Jeffrey Gracik



Recommended Reading

As a follow up to the Major Taylor ride, you might enjoy this VeloNews article which reviews and recommends Major Taylor's autobiography.

<https://www.velonews.com/culture/recommended-reading-the-fastest-bicycle-rider-in-the-world/>

Jerry Marino



Palomar Mtn East Grade Challenge

On Wednesday, SDBCer's Lisa, Teena, MJ, and three friends, Pat, Jeanette, and Kristen, had a fun and challenging ride up Palomar Mountain. It was perfect weather and a great group of ladies. They rode from Santa Ysabel to Palomar and back. 46.4 miles & 4284' elevation!

<https://www.strava.com/activities/6764117854>



amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Classifieds

Brand New Generation 3 Oura Titanium Smart Ring

Size: 11 (Black) Includes a ring sizing kit, charger and original packaging. Ring can be



refit by Oura if it is not your size. Track your sleep, heart rate variability, recovery and more to help make gains in your bike training fitness. Selling for \$200 (retail is \$300) and it is brand new.

Contact: Jason Ryan (858) 888-2680.
Email: jasonbrentryansd@gmail.com

Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at

[SDBC Membership](#). And please contact **Simon** with any membership questions.

Simon Bott-Suzuki
Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Michael Karres
Weekly Newsletter Editor
weekly@sdbc.org



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