

AT A CASH A

### PRESIDENT'S MESSAGE

What better way to celebrate Black History Month than to have Major Taylor LA and Major Taylor SD clubs join our Saturday ride. Huge thanks to Bill Riggs for setting this all up (it was in the works for a very long time) and to Charlie Sykes for making it seamless. We look forward to seeing these members either here or in LA (or both) soon!

Cheers, Vali Holroyd President SDBC president@sdbc.org



### 2022 Title Sponsor





## Black History Month

As February's Black History month comes to an end, it seems fitting to acknowledge yet another first achievement that has a connection to the San Diego Bicycle Club: the first Black Africans to ride in the world's premier cycling event, Tour de France. In 2015 Merhawi Kudus and Daniel Teklehaimanot of **Eritrea** 



became the first Black African cyclists to compete in the tour. SDBC also has a rider from Eritrea and many of you know him, Ermias Mesghenna. But you may not know that in response to the pandemic lock downs, he convinced a few of his countrymen to replace their soccer workouts with cycling. Now they can be seen out cycling around San Diego sporting Eritrea's national kit and honoring their nation's cycling heroes! Attached is a picture of Ermias with Daniel Teklehaimanot and Mark Cavendish at the AMGEN Tour of California and another one with his cycling friends.

#### https://www.cyclingnews.com/features/ahistory-of-africans-at-the-tour-de-france/

#### Bill Riggs

Community Engagement Director engagement@sdbc.org

## From the Secretary

The next meeting of the Board of Directors will be on Tuesday, March 8, 2022 at 6:30 p.m. via Zoom. The formal notice and Zoom link information will be in next week's Weekly Update. Board meetings are open to **everyone** – SDBC members and the general public.

Mike McLaughlin Secretary secretary@sdbc.org



## SDBC Racing Results

UCLA Road Race, Pearblossom, CA, 02/19/2022: Women's Cat 4/Novice: Brooke Anderson, 9th place

Women's Collegiate B: Deryn LeDuke, 2nd place

Women's Collegiate C: Camille Kittredge, 6th place

Women's Pro 1/2/3: Karina Susej Esqueda, 2nd place Fabiola Garcia, 4th place Esther Walker, 5th place Lizbeth Ureno, 8th place

Victorville Criterium, Victorville, CA, 2-20-22: Women's Collegiate B: Deryn LeDuke, 3rd place







Bib Fron

Bib Back

Jersey Front

Women's Collegiate C: Camille Kittredge, 1st place

Women's PRO 1/2: Lizbeth Ureno, 1st place

Roger Millikan Memorial Criterium, CA, 2/13/2022: Cat 1/2/3 - Women Pro

Karina Susej Esqueda, 4th place Katherine Nadler, 6th place Esther Walker, 9th place Jenna Klein, 11th place Jancy Meraz, 12th place Alexa Alarcon, 17th place

More pictures are posted on the SDBC Instagram page: https://www.instagram.com/sandiegobi cycleclub/

### Beril Polat

Women's Cat4/5/Masters Team Director womens45director@sdbc.org

## SDBC KITS

I've received several messages about socks socks are available at UCC! Please purchase them online on our **SDBC Store**, take the ereceipt in with you and pick up your socks from the shop. Let me know if you have any questions.

Cheers, Vali Holroyd Clothing Director clothing@sdbc.org https://sdbc.org/store https://teamstore.pactimo.com password: sdbc2022





Campagnolo San Diego Gran Fondo Sunday April 3rd, 2022

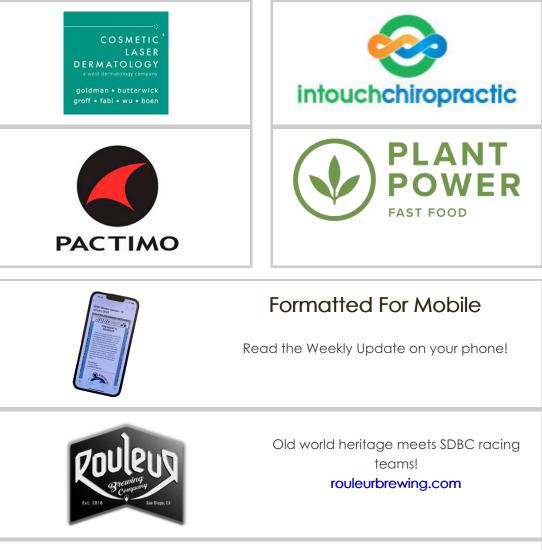


Gran Fondos are designed to be fun for everyone and are a great way to show off your fitness and experience gained from our Saturday rides. There are multiple routes with distances of 100, 60, and 35 miles.

https://www.sdgranfondo.com



The Saturday Ride coffee stop





**Specialty Produce** is a family owned and operated food service and retail fresh produce supplier located in San Diego, CA.

One year SDMBA memberships for only \$20!

The San Diego Mountain Biking Association (SDMBA) is giving SDBC members a 50% discount on membership. Plus they are hosting the Archipelago Ride on April 2. Learn more about them here: SDMBA

You can add the SDMBA membership through www.sdbc.org/renew#myaccount or sdmba.com#join

Simon Bott-Suzuki Membership Director membership@sdbc.org



Physical Therapy Effect

fUiD



Want to make donations to SDBC at no cost to you? Shop at **smile.amazon.com** and choose "San Diego Bicycle Club".

# Classifieds



### Brand New Generation 3 Oura Titanium Smart Ring

Size: 11 (Black) Includes a ring sizing kit, charger and original packaging. Ring can be refit by Oura if it is not your size. Track your sleep, heart rate variability, recovery and more to help make gains in your bike training fitness. Selling for \$200 (retail is \$300) and it is brand new.

Contact: Jason Ryan (858) 888-2680. Email: jasonbrentryansd@gmail.com

# Membership

Michael, your support makes a difference! Thank you!

Your membership expires on: Not A Member :( Please join today using the SDBC If you need to renew or join, do it today at

**SDBC Membership.** And please contact **Simon** with any membership questions.



Simon Bott-Suzuki Membership Director membership@sdbc.org

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Send Comments and Suggestions to: Michael Karres Weekly Newsletter Editor weekly@sdbc.org

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